

Microneedling Pre Care Instructions:

- Please discontinue products containing any exfoliating agents (retinoic acid, tretinoin, retinol, benzoyl peroxide, glycolic/salicylic acids, astringents, etc.) 24 hours before treatment.
- If you have a history of herpes or cold sores, we highly recommend a course of anti-viral medication pre and post treatment. This will prevent an outbreak of cold sores if you are prone to them. If you would like us to call in a prescription for you, please call our office.
- Come to your appointment with a clean face.
- Wait at least 6 months after isotretinoin (Accutane) use before your SkinPen procedure.
- Avoid sun exposure for 24 hours prior to the procedure.
- If you are on autoimmune therapy, ask your provider if this treatment is appropriate for you.
- Please drink lots of water the day before your appointment.
- Please wear a tank top to your appointment.
- Let your provider know if you have an allergy to lidocaine, benzocaine or tetracaine.